

***Students applying for Caregiver Training must:**

1. Have High School Diploma or GED 2. Must be at least 18 years old.
2. Students are accepted into the Caregiver Training on a first come basis of completed applications.
3. The caregiver training is completed as a combination of classroom instruction and supervised skills training using a variety of instructional methods including lecture, video, reading written material, demonstration, hands-on practice, and supervised group projects. Total Classroom Instruction 88 hours, Total Supervised Skills Training hours and Clinical Practice 48. Total Training Time 136 hours. This course is state certified and will allow the student to take the Arizona State Assisted Living Facility Caregiver Exam.

Caregiver Course Outcomes

- Identify and understand the levels of care within an assisted living facility
- Identify legal and ethical issues and resident rights
- Use various techniques to communicate effectively
- Understand and demonstrate ways to manage time and stress
- Develop service plans
- Use various techniques to manage infection control
- Design and implement nutrition plans and special diets
- Procuring, handling, and storing food safely
- Understand and demonstrate way to manage emergency procedures
- Use various techniques to maintain manage the home environment
- Understand and demonstrate basic caregiver skills
- Use various techniques to manage mental health and social service needs
- Understand and address the needs of the cognitively impaired resident
- Understand and assist basic restorative services
- Assist with medication storage, organization, administration, documentation, and reporting

Additional Information from the Arizona State Board of Nursing

Each graduating student must provide proof of legal presence in the United States on file with D & S Diversified (Headmaster) in order to be scheduled for the assisted living facility caregiver exam. All assisted living caregiver training programs will collect the appropriate documentation from the student and submit it to Headmaster upon registration or program completion. Ideally, this identification document should be the same as the ID document(s) the student uses for state testing (e.g. AZ driver license or passport). The name on the document must match exactly to the name submitted to Headmaster.