



**New Patient Consult HPI (PLEASE PRINT)**

Date of visit \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_

Referring Doctor \_\_\_\_\_ Primary Doctor \_\_\_\_\_

What is the main reason for your visit? \_\_\_\_\_

How long have you had the problem? \_\_\_\_\_

What makes it better or worse? \_\_\_\_\_

Please list all your bladder, bowel or GYN surgeries \_\_\_\_\_

Do you have urine loss with coughing or activity? [Yes] [No] With the urge to void? [Yes] [No] Do you have urinary urgency without leaking? [Yes] [No]

How many times a day? \_\_\_\_\_ Do you need pads? [Yes] [No] How many a day? \_\_\_\_\_

Do you have problems starting your urine stream? [Yes] [No] Slow stream? [Yes] [No] Emptying your bladder [Yes] [No] Dribbling? [Yes] [No]

How long can you go between urinations during the day? \_\_\_\_\_ How many times do you void at night? \_\_\_\_\_

Do you wet the bed? [Yes] [No]

When was your last urinary tract infection? \_\_\_\_\_ Have you ever had kidney stones or blood in your urine? [Yes] [No] If so, what was done to treat it? \_\_\_\_\_

How often do you move your bowels? \_\_\_\_\_ Do you have trouble moving your bowels? [Yes] [No] If so what is the trouble? \_\_\_\_\_

Do you have problems controlling gas? [Yes] [No] Liquid Stool? [Yes] [No] Solid stool? [Yes] [No] If so, how often do you have accidents? \_\_\_\_\_ Do you need pads for stool incontinence? [Yes] [No]

Do you feel like your bladder, uterus or rectum has fallen? [Yes] [No] Does this affect intercourse? [Yes] [No] Is there tissue at or outside the vaginal opening? [Yes] [No]

How many Pregnancies? \_\_\_\_\_ How many children? \_\_\_\_\_ How many vaginal deliveries? \_\_\_\_\_

How many C-Sections? \_\_\_\_\_ What difficulties did you have with labor and delivery? \_\_\_\_\_

When was you last period? \_\_\_\_\_ What birth control do you use? \_\_\_\_\_

**PREVENTIVE HEALTH MAINTENANCE:**

When was your last? PAP/Annual \_\_\_\_\_ Normal/Abnormal DEXA Scan \_\_\_\_\_ Normal/Abnormal

Mammogram \_\_\_\_\_ Normal/Abnormal Colonoscopy \_\_\_\_\_ Normal/Abnormal

Any Abnormal results/ Treatment Plans? \_\_\_\_\_

New Patient Consult

Date of visit \_\_\_\_\_

DRUG ALLERGY

REACTION

DRUG ALLERGY	REACTION

Medical Problems \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Surgeries/Year Performed \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Serious medical problems in your family \_\_\_\_\_  
\_\_\_\_\_

Social History

Have you ever smoked? \_\_\_\_\_ How long? \_\_\_\_\_ Do you smoke currently \_\_\_\_\_ Packs/day \_\_\_\_\_

How often and how much do you drink? \_\_\_\_\_

Marital status? \_\_\_\_\_

Are you sexually active? \_\_\_\_\_ Any problems? \_\_\_\_\_

What is your occupation? \_\_\_\_\_

Are you depressed or do you have a history of depression? \_\_\_\_\_

Pharmacy:

NAME \_\_\_\_\_ STREET/CITY/CTATE/ZIP CODE \_\_\_\_\_

PHARMACY PHONE NUMBER \_\_\_\_\_

Name \_\_\_\_\_ Date \_\_\_\_\_

## REVIEW OF SYSTEMS

Have you had any problems related to the following in the past **6 months**?

Circle Yes or No:

**General:**

Fever	Y	N
Weight change	Y	N
Tire Easily	Y	N

**Eyes:**

Change in vision	Y	N
Cataracts	Y	N
Glaucoma	Y	N

**Ears, Nose, Throat:**

Sores	Y	N
Discharge	Y	N
Pain	Y	N

**Respiratory:**

Chronic Cough	Y	N
Asthma	Y	N
COPD	Y	N

**Cardiovascular:**

Shortness of breath	Y	N
Chest Pain	Y	N

**Gastrointestinal:**

Nausea/vomiting	Y	N
Reflux	Y	N
Diarrhea	Y	N
Bloody Stool	Y	N

**Skin/Breast:**

Breast Lumps	Y	N
Skin Rash	Y	N

**Musculoskeletal:**

Weakness	Y	N
Limited range of motion	Y	N
Joint Pain	Y	N

**Neurological:**

Seizures	Y	N
Burning or shooting pain	Y	N
Numbness	Y	N

**Hematological:**

Easy bruising	Y	N
Bleeding	Y	N
Swollen Glands	Y	N

**Endocrine:**

Thyroid problems	Y	N
Diabetes	Y	N

**Psychiatric:**

Depression	Y	N
Anxiety	Y	N

Please list details associated with any of the above \_\_\_\_\_

\_\_\_\_\_  
 Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Quality of Life**

Date of visit \_\_\_\_\_

<b>Has urine leakage and or prolapse affected your:</b>	<b>None</b>	<b>Slightly</b>	<b>Moderately</b>	<b>Greatly</b>
Ability to do household chores?	0	1	2	3
Physical recreation such as walking?	0	1	2	3
Swimming or exercise?	0	1	2	3
Entertainment activities (movies, concerts, etc.)?	0	1	2	3
Ability to travel by car or bus more than 30 minutes?	0	1	2	3
Participation in social activities outside the home?	0	1	2	3
Emotional health (nervousness, depression, etc)?	0	1	2	3
Feeling frustrated?	0	1	2	3
 <b>Do you experience, and, if so, how much are you bothered by:</b>				
Frequent urination?	0	1	2	3
Urine leakage related to the feeling of urgency?	0	1	2	3
Urine leakage related to physical activity, coughing, or sneezing?	0	1	2	3
Small amounts of urine leakage (drops)?	0	1	2	3
Difficulty emptying your bladder?	0	1	2	3
Pain or discomfort in the lower abdomen or genital area?	0	1	2	3

Name \_\_\_\_\_

Date \_\_\_\_\_

# Your Daily Bladder Diary

This diary will help you and your health care team figure out the causes of your bladder control trouble. The "sample" line shows you how to use the diary.

Time	Drinks		Trips to the Bathroom			Accidental Leaks			Did you feel a strong urge to go?		What were you doing at the time? <small>Swimming, showering, driving, cleaning, etc.</small>	
	What was it?	How much? oz., mL, cups	How many times?	How much urine?			How much urine?					
Sample	Juice	8 ounces	✓✓	<input checked="" type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input checked="" type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input checked="" type="radio"/> Yes	<input type="radio"/> No	Running
6-7 a.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
7-8 a.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
8-9 a.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
9-10 a.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
10-11 a.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
11-12 noon				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
12-1 p.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
1-2 p.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
2-3 p.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
3-4 p.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
4-5 p.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
5-6 p.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
6-7 p.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
7-8 p.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
8-9 p.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
9-10 p.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
10-11 p.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
11-12 mid.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
12-1 a.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
1-2 a.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
2-3 a.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
3-4 a.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
4-5 a.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	
5-6 a.m.				<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> sm	<input type="radio"/> med	<input type="radio"/> lg	<input type="radio"/> Yes	<input type="radio"/> No	

Use this sheet as a master for making copies that you can use as a bladder diary for as many days as you need.

I used \_\_\_\_\_ pads today. I used \_\_\_\_\_ diapers today (write number).

Questions to ask my health care team:

---



---



---