

# This comprehensive 8-week employment preparation program will help you:

- Gain digital skills to job search effectively and succeed at work
- Market yourself effectively to employers
- Build your confidence communicating with management, co-workers, and customers
- Understand Canadian work culture and develop essential workplace skills

#### **PROGRAM INCLUDES:**

- MS Word
- MS Excel
- Emails
- AODA training
- Creating a resume
- · Interview practice
- Completing and processing workplace documents
- Math for the workplace

# PROGRAM DETAILS:

- · Available in both Brampton and Mississauga
- 12:30 p.m. to 3:00 p.m. Monday to Friday

### **ELIGIBILITY**

- 19 years of age and older
- Valid Social Insurance Number
  Minimum CLBA 5 (for second
- language speakers)
- Successfully complete an intake assessment

#### **LOCATIONS**

151 Superior Blvd, Unit 19-23, Mississauga, ON L5T 2L1



3 Conestoga Drive, Suite 100, Brampton, ON L6Z 4N5

## CONTACT

Call: 905-495-2700, ext 2 Email: info@palc.ca Online: www.palc.ca

Call to Register! 905-495-2700 ext. 2







