



APRIL 20, 2025

7 AM - 7 PM

St Thomas, USVI

410-241-7325

DAY ONE

7AM-3PM

ARRIVAL & REGISTRATION

Take time to get unpacked, unwind and grab some lunch

1PM-3PM

LUNCH AND GET SETTLED

3PM-5PM

MEET AND GREET

5PM-7PM

AFTERNOON CME

CME: Stress Management : Restoring the emotional well being of the CRNA

7PM-

DINNER AND WINE DOWN



APRIL 21, 2025

7 AM - 7 PM

St Thomas, USVI

410-241-7325

DAY TWO

7AM-10AM

BREAKFAST AND CME

CME: medical missions: Ive always wanted to do one!!

10AM-1PM

UNDERWATER SCOOTER ADVENTURE

Come join us on this underwater adventure, or relax by the pool

1PM-3PM

LUNCH AND CME

CME: Heads, shoulders, Knees and Toes.. regional techniques for pediatric patient

3P-7PM

AFTERNOON ACTIVTIY & CME

roll and recover activity
cme: acupunture for Pediatrics

7PM-

DINNER AND WINE DOWN



APRIL 22, 2025

7 AM - 7 PM

St Thomas, USVI

410-241-7325

DAY THREE

7AM-10AM

BREAKFAST AND CME

CME: Neonatal Emergencies.

10AM-3PM

ISLAND ADVENTURE TREASURE HUNT

Come join us on this scavenger hunt adventure adventure, or relax by the pool

3PM-7PM

CME AND AFTERNOON ACTIVITY

CME: Weak in the knees: taking care of the weak child
activity restful recharge session

7PM-

DINNER AND WINE DOWN



APRIL 23, 2025

7 AM - 7 PM

St Thomas, USVI

410-241-7325

DAY FOUR

7AM-10AM

BREAKFAST AND CME

CME: Dealing with parental Anxiety

10AM-1PM

SNORKELING

Amazing snorkeling trip in St Thomas

1PM-3PM

LUNCH AND CME

CME: PTSD in anesthesia

3PM-7PM

AFTERNOON ACTIVITY & CME

7PM-

DINNER AND WINE DOWN



APRIL 24 2025

7 AM - 7 PM

St Thomas, USVI

410-241-7325

DAY FIVE

7AM-10AM

BREAKFAST AND CME

CME: ASSENT VS CONSENT

10AM-1PM

RECHARGE HIKE

COME ON A RECHARGE HIKE OR HANG BY THE POOL

1PM-3PM

LUNCH AND CME

CME: PTSD in anesthesia
Restoring Happiness workshop

3PM-7PM

AFTERNOON ACTIVITY & CME

7PM-

DINNER AND WINE DOWN



APRIL 25, 2025

7 AM - 7 PM

St Thomas, USVI

410-241-7325

DAY SIX

7AM-10AM

BREAKFAST AND CME

CME: SPECIAL PEDIATRIC POPULATIONS

10AM-1PM

DEPARTURE