



Grief Support

At MASH, we are all animal lovers. We understand how difficult it is to lose, or anticipate the loss of, a pet you love so deeply. Animals provide us with unconditional love and companionship, we often view them as members of our family. When we lose our beloved pets, it can be especially difficult as they are so integrated into our daily routine (*morning walks, medications, meal times, etc.*). At times, the loss of an animal can not be validated by society, making the experience especially isolating.

Feeling supported after the loss of a loved one is imperative to moving through the grief process. At MASH, we greatly value the human animal bond, and have an on staff veterinary social worker, a licensed mental health clinician, who is available to help you navigate these feelings.

For some, speaking to others in the form of a support group provides a sense of validation. For this reason, MASH has created a pet loss support group, which occurs the last Wednesday of every month at 5:30pm, open to all who wish to join. Due to COVID, the group will be conducted via Zoom. If you are interested in participating please contact Rebecca Baker, LCSW at RBaker@mash.vet or Gabby Flores at GFlores@mash.vet.

6565 Santa Monica Blvd, Los Angeles, CA 90038
(855) 350-7387 | www.mash.vet

MASH Pet Loss Support Group

Days

The second Sunday and
last Wednesday of every month.

Times

5:30 PM | Wed | RVSP at RBaker@mash.vet
2:00 PM | Sun | RVSP at GFlores@mash.vet

Location

Due to COVID-19 we will be conducting
virtual meetings via Zoom.

RSVP

If you are interested in participating on
please contact Rebecca Baker, LCSW at
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GFlores@mash.vet.

Zoom Link Information

Link: <https://zoom.us/join>
Meeting ID: 516 276 2513
Password: 819641