

Weekly GLA Family Newsletter
September 29, 2026

PRINCIPAL'S CORNER



As we are getting close to the end of Quarter 1, I would like to share a few reminders to help students continue developing strong homework routines and academic success. Parents, please encourage your scholar to follow a consistent nightly routine. Structure helps students stay organized, focused, and engaged in learning.

Homework reinforces classroom learning, strengthens the home–school connection, and helps students build good study habits. It should mostly be independent practice, with parents providing support only when needed. To help students focus, ensure homework is completed in a quiet, distraction-free space without TVs or other screens, unless required for an assignment.

K–2 Families:
Paloma Parent Tutoring is a text-based app that gives parents simple, personalized math and reading lessons based on school assessments. Each 15-minute activity includes guided and independent practice. We encourage families to complete these lessons nightly.

If you have any questions or concerns, **please reach out to your child's teacher**. Thank you for your continued partnership in helping our students thrive at home and at school!



Principal Miller

NEW ANNOUNCEMENTS

Canceled Event: Fall Jamboree

Families and community partners, we regret to inform you that our Fall Jamboree, originally scheduled for Saturday, October 3rd, has been **canceled**. We apologize for any inconvenience this may cause and appreciate your understanding.

Thank you for your continued support. We look forward to welcoming you to future special events at a later date.





📸 Picture Day Is Coming Soon!

We are excited to announce that **Picture Day is Thursday, October 22nd!**
Picture Day is a great opportunity to capture a special moment in your scholar's school year. **Pre-order forms will be sent home with students next week.**

📸 Do Not Want Your Scholar Photographed?

If you **do not want your scholar's photo taken**, please contact the GLA Front Office at **773-530-3040** or email **Ms. Thunherst at sthunherst@glachicago.org** no later than **Wednesday, October 21st**.

Picture Day Dress Code Reminder
Students **may dress out of uniform for Picture Day**, but all outfits must still follow GLA's school dress code guidelines.
When choosing your scholar's Picture Day outfit, please remember that the following are **NOT allowed**:

- Clothing with profane, inappropriate, or offensive messaging
- Visible undergarments or clothing worn as outerwear
- Midriff-exposing tops
- Hems shorter than **three inches above the knee**
- Hoodies or hooded shirts — these must be placed in lockers before class
-

Important: Students who do not follow the dress code will receive a referral and **will not be permitted to have their picture taken**.

Thank you for helping us make Picture Day a fun and successful day for all of our scholars!

Save the Date! GLA High School Fair!
Join us on Wednesday, September 30th for the High School Fair on GLA's campus! Here from various high schools and scholarship organizations, and get to know different programs! 6th-8th grade scholars will visit the High School Fair during the school day, and families are welcome to attend in the afternoon. Please reach out to Ms. O'Leary for any questions (coleary@glachicag.org).



Community Event - South Side Science Fair 10/03



Race to 10 is On!

Race to 10 is heating up! Each day your student arrives at school and on time, their class moves one step closer to winning a free field trip of their choice. Attendance really makes a difference, so we encourage all families to help students be here every day and ready to learn.

Parents can win too! Families whose students participate will be entered into a parent raffle for two $25 gift cards. Thank you for helping your student and their class stay in the race!



GENERAL ANNOUNCEMENTS

Uniting Voices: GLA Scholar (3rd-5th Grade)

GLA is excited to partner with Uniting Voices Chicago to offer a Children's Choir for GLA scholars in 3rd–5th grade! The choir will meet every Friday from **October 9th through May 21st, from 2:15–3:15 PM** at Great Lakes Academy. There is **no cost to families**. Space is limited, sign ups are on a first come, first serve basis. When the program fills up, a waitlist will be created.

Please complete this form by **Friday, October 2nd at 3pm:**

https://forms.gle/eKpwQf9CdmBYDsi9A



Families will be notified of acceptance by email and letter on **Monday, October 5th**. For more information on Uniting Voices Chicago, watch this video!

Please reach out to Ms. O'Leary for any questions (coleary@glachicago.org)

High School Admissions Test (HSAT) for 8th Grade

The HSAT is an online exam that will be administered to all 8th-grade students at 8:15am on Wednesday, October 7. Students who are not in school on this day will take the exam during a makeup window from October 12 - 23.

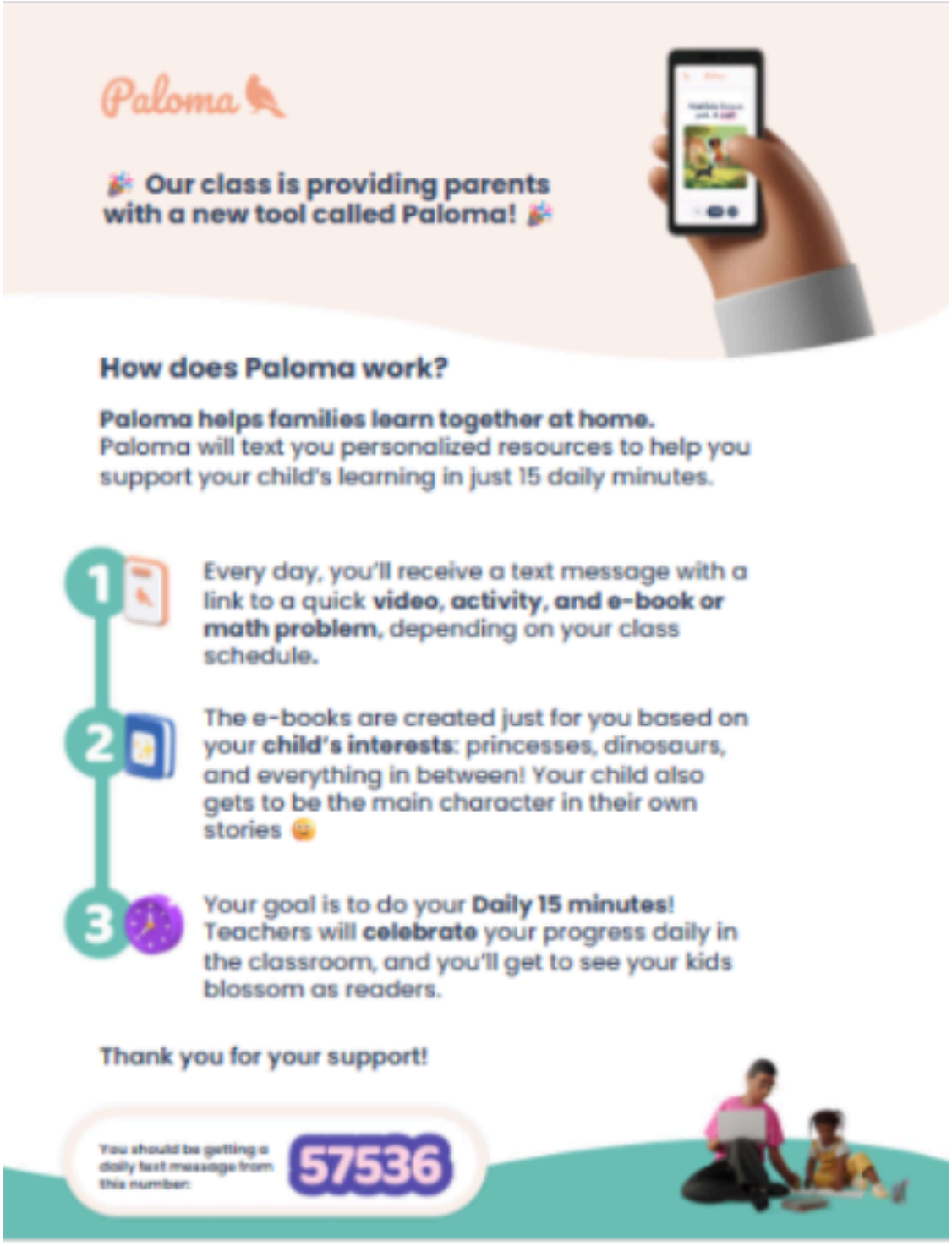
The test will take approximately 2.5 hours to complete, and will cover the content areas of English, Math, Reading, and Science, with calculators being permitted on the Math portion only. The HSAT will be administered to all students in English, with English Learners receiving standard accommodations.

There are many ways that families can help students feel confident and prepared for this exam:

- Access Free Practice Materials: Families can access free online PreACT 9 practice resources here.
- Prioritize Rest and On-Time Arrival: Ensure your child gets a good night's sleep before test day and arrives at school on time on October 7.
- Encourage a Positive Mindset: Remind your student to manage their time, read directions carefully, and tackle one question at a time.

Please reach out to Ms. O'Leary for any questions (coleary@glachicago.org)

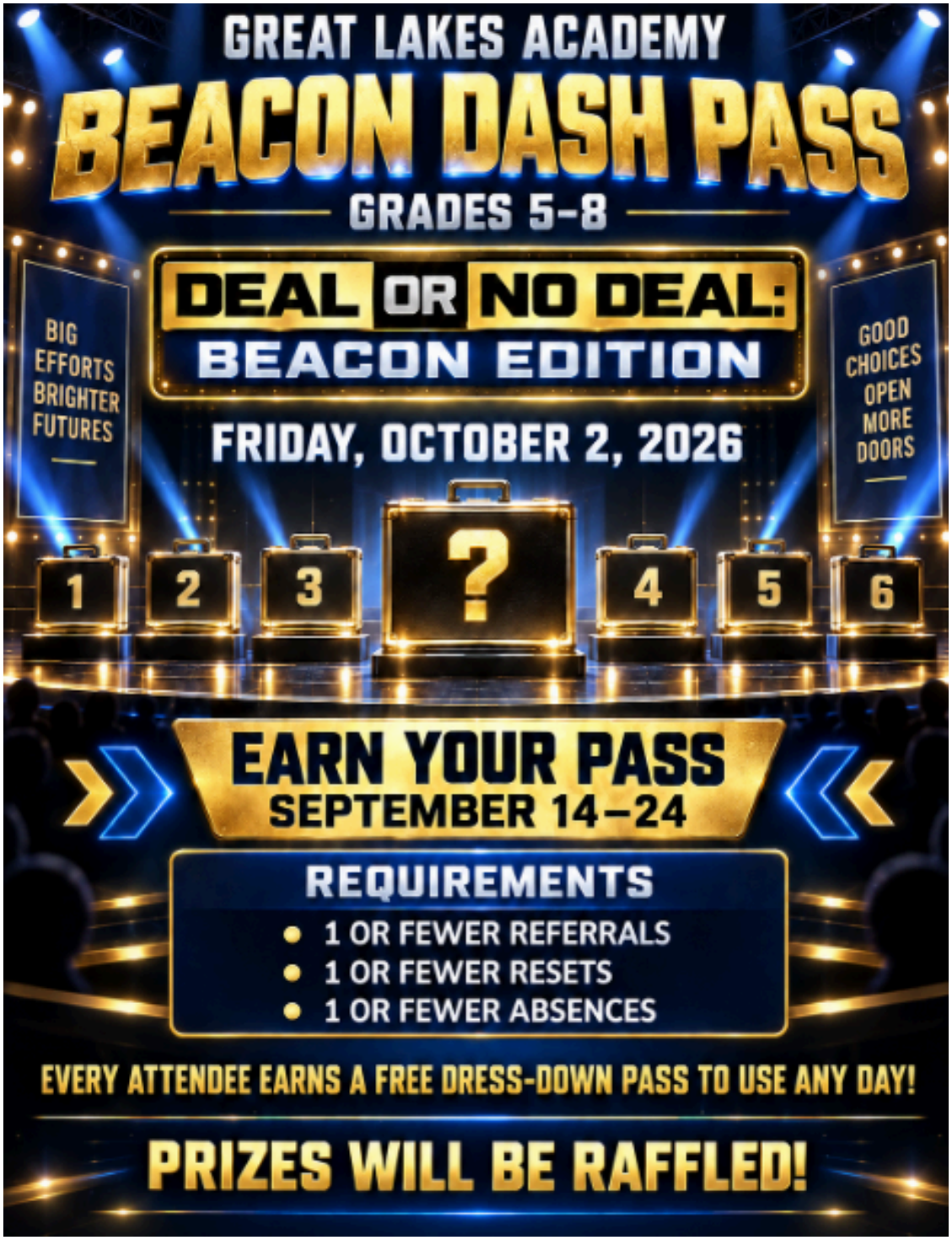
K-2 Homework reminder



Culture Team Incentives


GREAT LAKES ACADEMY
BEACON DASH PASS
K-2 GLOW & MOVE PARTY
FRIDAY, OCTOBER 2, 2026
MOVE LEARN SHINE TOGETHER!
KIND KIDS BRIGHT FUTURES!
EARN YOUR PASS
SEPTEMBER 14–24
REQUIREMENTS
2 OR FEWER REFERRALS
3 OR FEWER RESETS
1 OR FEWER ABSENCES
EVERY ATTENDEE EARNS A FREE DRESS-DOWN PASS TO USE ANY DAY!
PRIZES WILL BE RAFFLED!


GREAT LAKES ACADEMY
BEACON DASH PASS
GRADES 3-4
MINUTE-TO-WIN-IT LIVE
PLAY COMPETE ACHIEVE
SMALL CHALLENGES BIG WINS!
GAMES SKILLS SPEED TEAMWORK FUN!
CAN YOU BEAT THE CLOCK?
FRIDAY, OCTOBER 2, 2026
EARN YOUR PASS
SEPTEMBER 14–24
REQUIREMENTS
• 1 OR FEWER REFERRALS
• 1 OR FEWER RESETS
• 1 OR FEWER ABSENCES
STACK FLIP BALANCE BUILD WIN!
EVERY ATTENDEE EARNS A FREE DRESS-DOWN PASS TO USE ANY DAY!
PRIZES WILL BE RAFFLED!



5th–8th Grade Winter Athletics

Is basketball your scholar's favorite sport? Time to sign them up so they can dribble up and down the court!!

Winter sports season is approaching fast. Sign-ups are open now!

Winter season sports offered: Co-ed cheer, Girls basketball & Boys basketball.
The athletic fee per student will be $150/season.
If you have a student-athlete who might be interested in any winter sports, please fill out the interest form.
All student-athletes must have a sports physical on file to participate in GLA athletics. Any outstanding balances must also be settled before joining GLA athletic teams.
Please reach out to Coach P (tperez@glachicago.org) with any questions!

FOOD & LUNCH REMINDERS

- No food sharing between scholars; this will result in a consequence.

- **K–4 only: Classroom treats/snacks must be approved by the teacher in advance.**
- Please do not send large bags of chips, cookies, candy, etc. for sharing.
- Please do not send multiple small bags of snacks for scholars to pass out.
- If sending lunch from home, we **encourage families to provide a full lunch rather than just snacks**.
- These expectations help us support **food safety, allergies, and a safe lunch environment**.

CPS Family Income Information

GLA families, please complete the **CPS Family Income Information Form, linked below, for the 2026–27 school year**. Only **one form per household** is needed, and it takes just **2–3 minutes** to complete.

This form helps determine school funding that supports important programs at GLA, including our **free lunch program**.

Completed forms can be:

- Dropped off to the GLA front office
- Emailed to **sthunherst@glachicago.org**
-

Paper forms are also available in the front office for families who are unable to complete the form electronically.

Thank you for taking a few minutes to complete this important form and for your continued support of GLA!

English Form Spanish Form

🦷👓 **Mobile Dental & Vision Visits – 2026–27**

GLA is happy to announce that our **mobile dental and vision providers will be returning during the 2026–27 school year** to provide services to our students! Mobile dental providers are scheduled to visit GLA **Monday, January 26th through Wednesday, February 3rd** to provide dental services to students who sign up.

Vision providers will be scheduled once we have enough students registered for the service. **A minimum of 30 students must sign up before we can schedule a vision provider.**

In order for your student to be seen during these visits, a **completed consent form (front and back)** must be on file. Consent forms can be completed in either of the following ways:

- **Online: Complete the form and email it to sthunherst@glachicago.org**
- **In Person: Complete the form at the GLA Front Office, Monday–Friday, 8:00 AM–2:30 PM**
-

Please note the following **Illinois state requirements**:

- **Kindergarten, 2nd Grade, and 6th Grade: An updated Illinois Dental Exam is required.**
- **Kindergarten: A completed Illinois Vision Exam Form is required.**

We encourage families to complete the required forms as soon as possible so students are ready to participate when the mobile dental and vision providers visit GLA.

Thank you for helping us keep our students healthy and ready to learn!

Dental - English Dental - Spanish
Vision - English Vision-Spanish

Important Medical Requirements – 2026–27

Please be aware of Illinois medical requirements for the upcoming school year:

- **Incoming Kindergarten: Physical, required immunizations**
- **Incoming 6th Grade: Physical, required immunizations**
- **All other grades: Required immunizations and any medical documentation applicable to the student's grade level or enrollment status**

If your student is currently not medically compliant with their required health documentation, you should have received an email and text message with information about the specific requirements that are still outstanding.

Submit all required medical documentation to the school by Thursday, October 15, 2026, to avoid medical exclusion.

If your student has an **upcoming medical appointment** to complete a required physical or receive required immunizations, **proof of the scheduled appointment must be submitted to the front office before the medical exclusion date**. Providing proof of a scheduled appointment will prevent medical exclusion while the family is waiting for the appointment.

If we do not receive the required documentation or proof of a scheduled appointment by the deadline, your child **will be medically excluded from attending school** until all outstanding health requirements are completed and the school receives and verifies the appropriate documentation.

Medical exclusion is not a disciplinary action or suspension. It is a health requirement that schools are required to follow under Illinois law.

Questions? Contact **Ms. Thunherst at 773-530-3040 or sthunherst@glachicago.org**.
Family Medical Resources: Click Here for a list of local health centers and clinics that may offer free or reduced-cost services to assist families with physicals, immunizations, and other basic medical needs.

Additional Family Medical Resources

We have provided the following resources to assist families with completing their student's required health documentation:

- **Illinois Minimum Health Requirements: Information outlining the minimum health requirements for students as required by the State of Illinois.** **English** **Spanish**
- **School-Based Health Centers:** A list of school-based health centers that provide health services at no cost to CPS students. **English** **Spanish**

We encourage families to review these resources and schedule any necessary appointments as soon as possible.

2026-27 School Calendar

The 2026-27 school calendar is posted on GLA's website. Please view it here.

School Year Office Hours

Monday-Thursday, 7:30-4:30 pm
Friday, 7:30-2:00 pm

GLA Breakfast, Lunch, and Supper Menus

Access September's Breakfast, Lunch, and Supper menus here (these are also linked on our website's Parent and Student Resource Page)

September 2026

Great Lakes Academy

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	**1** • Turkey Sausage Egg and Cheese Sandwich WG • 100% Juice Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk	**2** • WG Blueberry Muffins • WG Goldfish Graham Crackers • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk	**3** • French Toast Sticks • 100% Juice Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk	**4** • WG Cinnamon Bagelful • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk
7 	**8** • Pancake sausage on a Stick WG • 100% Juice Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk	**9** • Apple Cinnamon Breakfast Round • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk	**10** • WG English Muffin • Turkey Sausage • Sliced American Cheese • 100% Juice Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk	**11** • WG Pull Apart Donut • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk
14 • WG Cinnamon Poptart • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk	**15** • WG French Toast Bites • 100% Juice Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk	**16** • WG Blueberry Muffins • WG Goldfish Graham Crackers • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk	**17** • Apple Cinnamon Oatmeal • 100% Juice Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk	**18** • Raspberry Yogurt • WG Honey Grahams • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk
21 • Honey Cheerios WG • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk	**22** • Pancake Bites WG • 100% Juice Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk	**23** • WG Apple Cinnamon Muffin • WG Goldfish Graham Crackers • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk	**24** • Breakfast Pizza • 100% Juice Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk	**25**  Professional Development Day
28 • WG Blueberry Bread • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk	**29** • WG Cinnamon Glazed Pancakes • 100% Juice Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk	**30** • WG Bagel • Plain Cream Cheese • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Chocolate Low Fat Milk • Strawberry Milk		

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Just A Dash FOOD SERVICE GROUP

September 2026

Great Lakes Academy

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	**1** • Beef Burrito • Golden Corn • Refried Beans • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**2** • WG Popcorn Chicken • Curly Fries • Fresh Celery Sticks • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**3** • Cheese Lasagna Roll-Up WG • Seasoned Green Beans • WG Garlic Toast • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**4** • Turkey Hoagie • WG Sub Bun • Baby Carrots • WG Chips • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk
7 	**8** • Beef Taco • **Hard Taco Shell WG** • Shredded Cheddar Cheese • Chopped Romaine • Golden Corn • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**9** • WG Chicken Sticks • Fresh Celery Sticks • Hummus • WG Dinner Roll • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**10** • Taco Pasta Bake • Fresh Broccoli Bites • WG Garlic Toast • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**11** • WG Cheese Pizza • Fresh Cucumber Slices • Grape Tomatoes • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk
14 • Apple Texas Toast • Turkey Links • Hashbrowns • Fresh Celery Sticks • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**15** • Beef Taco Pizza Bites • Salsa • Corn and Bean Fiesta • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**16** • Crispy Chicken Patty • Spicy Chicken Patty • WG Burger Bun • Fresh Carrot Sticks • Fresh Cucumber Slices • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**17** • White Cheddar Mac & Cheese • Steamed Broccoli • WG Garlic Toast • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**18** *Surf Burger* • Cod Fish Patty • WG Burger Bun • Sliced American Cheese • Tasty Tots • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk
21 • **Sloppy Joe on a Bun** • WG Burger Bun • Tater Tots • Baby Carrots • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**22** • Walking Taco • Turkey Taco Meat • Nacho Cheese • WG Fritos • Golden Corn • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**23** • Boneless Chicken Wings WG • WG Dinner Roll • Fresh Celery Sticks • Hummus • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**24** • Turkey Pepperoni Pizza WG • Fresh Cucumber Slices • Grape Tomatoes • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**25** 
28 • Cheeseburger • WG Burger Bun • Oven Fries • Fresh Cucumber Slices • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**29** *Loaded Taco Fries* • Beef Taco Meat • Potato Wedges • Nacho Cheese • Golden Corn • WG Dinner Roll • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**30** • WG Chicken Tenders • WG Dinner Roll • Fresh Carrot Sticks • Hummus • Seasonal Fruit Milk & Condiments • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk		

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Just A Dash FOOD SERVICE GROUP

September 2026

Great Lakes Academy

Supper

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	**1** • Cheese Beef Slider • Slider Bun WG • Oven Fries • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**2** • Meat Loaf • Mashed Potatoes • WG Dinner Roll • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**3** • Turkey Sausage Pizza WG • Romaine Garden Salad • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**4**
7 	**8** • BBQ Meatballs • Mashed Potatoes • WG Dinner Roll • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**9** • Beef Spaghetti • Green Beans • WG Garlic Toast • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**10** Jerk Chicken Pita Melt • Pulled Chicken • Pita WG • Oven Fries • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**11**
14 • Saltsbury Steak • Mashed Potatoes • WG Dinner Roll • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**15** • BBQ Pulled Chicken on Bun • WG Burger Bun • Waffle Fries • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**16** • Turkey Sausage Pizza WG • Mixed Veggies • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**17** Chicken Caesar Salad • Chopped Romaine • Diced Chicken • WG Garlic Toast • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**18**
21 • Cheese Quesadilla WG • Corn on the Cob • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**22** • Chicken Jambalaya • WG Dinner Roll • Baby Carrots • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**23** • **Beef Mostaccioli** • WG Garlic Toast • Green Beans • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**24** Chicken & Waffles • Chicken Tenders • WG Buttermilk Waffles • Tater Tots • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**25**  Professional Development Day
28 • Red Beans • Rice • Cornbread WG • Mixed Veggies • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**29** • Southwest Chicken Alfredo • WG Garlic Toast • Steamed Broccoli • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk	**30** • Chicken Fajitas • WG Tortillas • Corn and Bean Fiesta • Seasonal Fruit Daily Milk • Fat Free Milk • Milk 1%, low fat, 8 fl oz. • Strawberry Milk • Chocolate Low Fat Milk		

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IMPORTANT UPCOMING DATES

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September 28 - October 23, 2026

28	29 Girls JV/Varsity Volleyball Game (AWAY) 4:30 - 6:30 pm	30 8th Grade - Test Prep Chicago Session 3:30-5:00 pm	1 High School Fair 1:30 - 4:30 pm	2 8th Grade - Test Prep Chicago Session 3:30-5:00 pm
5 Girls JV/Varsity Volleyball Game (HOME) 4:30 - 6:30 pm	6 Girls JV/Varsity Volleyball Game (AWAY) 4:30 - 7:30 pm	7	8 JV Girls Volleyball Game (HOME) 4:30 pm	9
12 **Indigenous Peoples Day** **Building Closed**	13 Staff and Student Spirit Week	14 Staff and Student Spirit Week IA#1 Math	15 Staff and Student Spirit Week End of Quarter 1 IA#1 Anet	16 Staff and Student Spirit Week **No School** **Parent Teacher Conferences 11AM - 7PM**
19 Wellness Day **No School**	20 Staff PD **No School**	21	22 Picture Day Girls JV/Varsity Volleyball Game (HOME) 4:30 - 7:30 pm	23

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