

At Height of Health Massage, we understand that life happens and from time to time a cancellation or tardiness is unavoidable. The following are some general guidelines for future appointments. Please initial the following that you have read and agreed:

- We like to give you the full 60 minute massage! Please try to arrive 5 to 10 minutes early so we can spend the full time on the massage: \_\_\_\_\_
- Please give us at least 24 hours' notice when cancelling as this gives us time to fill your appointment: \_\_\_\_\_
- For last minute cancellations: Depending on the reason for a last-minute cancellation under 24 hours, we reserve the right to **charge a late cancellation fee of \$25:** \_\_\_\_\_

*If we can fill the spot, you're off the hook! In general, we try to give you one "freebie" per year, and we do our best to accommodate emergencies or illnesses*

*I, \_\_\_\_\_ (print name) understand that this is a professional massage service and is provided for relief of muscular tension and relaxation. If I experience any pain or discomfort during this session, I will immediately inform the therapist. I further understand that massage should not be construed as a substitute for medical examination, diagnosis, or treatment, and that I should see a physician or other qualified medical specialist for appropriate treatment. Because massage should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions, and answered all questions honestly. I agree to keep the therapist updated as to any changes in my medical profile and understand that there shall be no liability on the therapist's part should I fail to do so.*

Signature of Client: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Massage Therapist: \_\_\_\_\_ Date: \_\_\_\_\_