



# Rewind

The goal is for your dog to notice that you are backing away and turn and move toward you.

Step 1: With your dog on leash at your side and a treat in the hand opposite to the side your dog is on, have your dog follow the treat hand as you back away. Feed your dog in front of you with the back of your hand touching your legs. Repeat several times to build a fluent pattern.

Step 2: Position yourself as described above. Step backward. Your dog should turn toward you. Drop your treat hand, mark, and reward as you continue to back away. If your dog does not turn toward you as you back away, repeat step 1 several more times.

Step 3: Position yourself as described above. Step backwards. Your dog turns towards you, you continue to back away, mark, and feed after your dog follows you for *several steps*.

Step 4: Begin to walk forward with your dog at your side. Step backwards and reward as in step 3.

Step 5: Walk toward a distraction. Step backwards and reward as in step 3.

*To reset for the next repetition: When your dog is in front of you, step toward your dog so that they swing into the position at your side for loose leash walking. You can reward the dog in position to build value for being at your side while you are stationary and while you are moving.*